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November 14, 2014

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The best advice my mother gave me

Being the first lawyer in our family, I never had a close mentor in those early days to help me calm the butterflies flying in my stomach. Starting out in practice, like most everyone else, I was overly self-conscious.

The best advice came from a surprising source — a non-lawyer, my mother. She told me most people, in general, are concerned with themselves. If I was nervous about a run in my nylons, she advised that no one probably noticed because they had their own issues — plucking their gray hair or fixing their hem. I later realized Mom was right; no one cared.

If true, that most of us are self-focused, that's not to say that we're selfish, mean or greedy. Rather, we just tend to center on what we need to accomplish and how we will do it.

With Thanksgiving ahead, it's a good time to reflect on where we are in life, what we've done and what we hope to do. Staying true to ourselves is the best confidence booster. How we see ourselves sets the stage for how others see us too. Thanks, Mom.

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By Nancy
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Nancy Mackevich Glazer is the manager of Legal Launch LLC, a company whose goal is to connect lawyers and legal employers.

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